## **High Yield MCAT Topics Checklist**



	BIOLOGY		
Important	<ul> <li>☐ Cytoskeleton Components</li> <li>☐ Anatomy &amp; Life Cycles of Bacteria and Viruses</li> <li>☐ Mitosis and Meiosis</li> <li>☐ Organ Systems         <ul> <li>(Reproductive, Respiratory, Digestive, Muscular, Skeletal, Integumentary, Circulatory, Excretory, and Lymphatic)</li> </ul> </li> <li>☐ DNA Biotechnology</li> </ul>	★ Extremely Important	☐ Classical and Molecular Genetics ☐ Enzymes ☐ Cell Membrane ☐ Nervous System ☐ Endocrine System ☐ Central Dogma of Biology
	BIOCHEMISTRY Keep in Mind: Generally, most of Biochem	is very imp	ortant.
Important	<ul> <li>□ Structures, Properties and Metabolism of Carbs, Fats, and Proteins</li> <li>□ Gluconeogenesis, Beta-Oxidation, Pentose Phosphate Pathway</li> <li>□ Structures, Properties, and Metabolism of Nucleic Acids</li> <li>□ Membranes</li> </ul>	<b>★</b> Extremely Important	<ul> <li>□ Aerobic and Anaerobic Respiration         (Prokaryotic cells, ETC, TCA, and Glycolysis)</li> <li>□ Lab Techniques (Reducing/Non-Reducing SDS-PAGE, PCR, Blots, Cation and Anion Exchange, Ligand affinity)</li> <li>□ Enzyme Inhibitions and Kinetics (Michaelis-Menten)</li> <li>□ Amino Acids         Structures, Chemical Properties + 1-Letter Abbreviations + 3-Letter Abbreviations</li> </ul>
	PHYSICS Note: Be prepared to do a lot of calculations with	h scientific n	otation without calculators and keep an eye out for concepts that can be linked to biology and healthcare
Important	☐ Light and Optics ☐ Sound and Wave (Photon Numbers vs. Energy of Photons) ☐ Radioactive Decay ☐ Energy and Force ☐ Electromagnetism	★ Extremely Important	☐ Circuits ☐ Kinetic Molecular Theory ☐ Units and Conversions ☐ Fluids ☐ (Relationships Between Pressure, Diameter, Resistance) ☐ (Connection to Circulatory System)
GE	ENERAL CHEMISTRY		
Important	☐ Periodic Trends	★ Extremely Important	□ Equilibrium □ Bioenergetics (Free Energy, Entropy, Enthalpy) □ Gases and Pressure (Ideal Gas Law) □ Solubility and Molarity □ Basic Chemistry Math (Balancing Equations, Scientific Notation, Units (SI and conversions)) □ Acid/Base (pH, pI, and Buffers) □ Stoichiometry
OF	RGANIC CHEMISTRY		
Important	☐ SN1 vs SN2 Reactions ☐ Aldol Condensation ☐ Nomenclature (IUPAC)	➤ Extremely Important	<ul> <li>□ Types of Isomers (Disastereomers, Anomers, Enantiomers, etc.)</li> <li>□ Lab Techniques (NMR, Chromatography, IR, Distillation, etc.)</li> <li>□ Functional Groups</li> <li>□ Bonding (Carbonyl Group)</li> </ul>
	SOCIOLOGY		
Important	Social Determinants of Health	<b>★</b> Extremely Important	<ul> <li>☐ Functionalism vs. Conflict Theory vs. Symbolic Interactionism vs.</li> <li>☐ Social Constructionism</li> <li>☐ Roles, Groups, and Status</li> <li>☐ Social Institutions</li> </ul>
	PSYCHOLOGY		
Important	Stereotype vs. Discrimination vs. Prejudice Sensation and Perception (Signal Detection Theory) Memory (Storing and Retrieval) Theories of Motivation	★ Extremely Important	Social Perception (Halo Effect, Just World, Primacy/Recency) Classical and Operant Conditioning Attribution Theory Research Design and Interpreting Statistical Data Psychological Disorders Neurobiology and Neurotransmitters Identity and Development Theories (Piaget and Kohlberg) Biases (Cognitive Bias) Theories of Emotion