



THE HIGHEST YIELD MCAT TOPICS CHECKLIST

Reviewed and recommended by a dozen 90+ percentile MCAT scorers.

updated for 2025

Dear Future Doctor,

Congratulations, by choosing to download this checklist, you've proven that you recognize **there is a smarter way to study for the MCAT**.

You recognize that crushing the MCAT doesn't mean drowning in textbooks or memorizing every molecule in the universe. Top scorers have cracked the code with strategies, shortcuts, and a focus on what actually matters.

Our job? Hunt down their secrets, filter out the fluff, and give you the most effective tools to dominate the exam so you can get into med school.

This checklist? It's one of <u>those tools</u>—a curated list of the "must-know" high-yield topics that show up on practice tests and, most importantly, on your actual MCAT.

Instead of blindly reviewing everything, you'll zero in on the concepts most likely to pop up on test day.

Pro tip: **Print this checklist.** Highlight it. Tattoo it on your brain if you have to. The goal is to know these topics inside and out before your next practice exam.

Yes, the MCAT is a challenge, but it's not unbeatable. With the right prep (and your <u>MedLife Mentors in your corner</u>), you'll conquer it without losing your sanity.

Let's make your med-school dreams happen.

You got this.

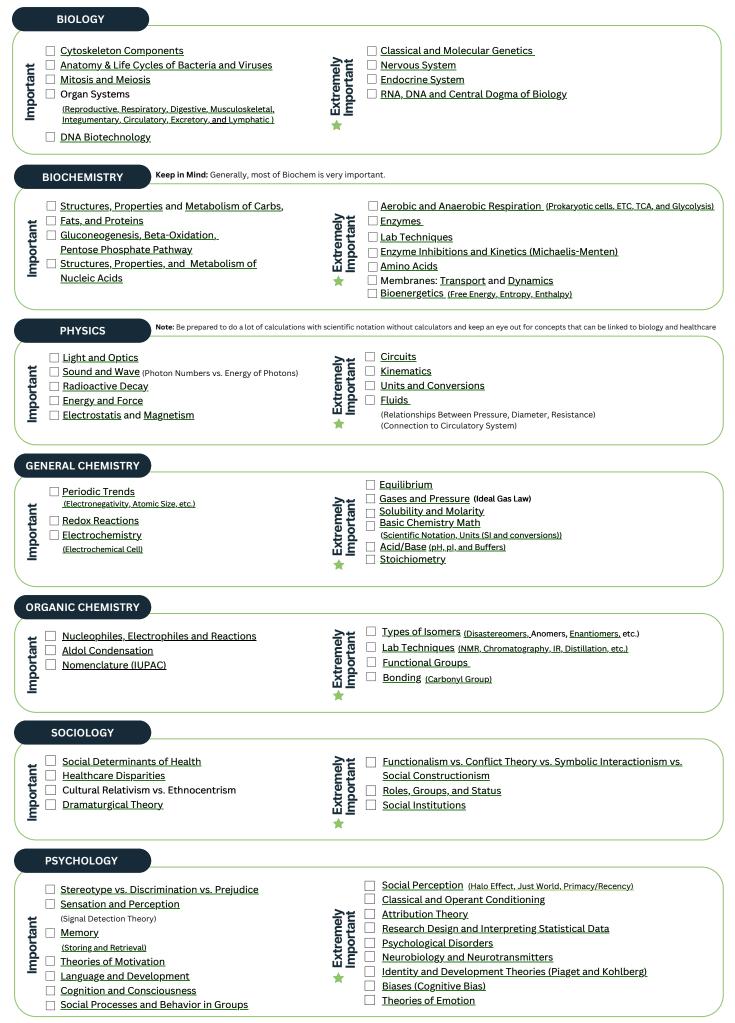
The Medlife Mastery Team

Your MCAT Success Mentors

P.S. The topics are clickable ;)

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For more MCAT prep resources and guidance from 90+ percentile scorers, visit https://medlifemastery.com/mcat/